



# FORT MEIGS ELEMENTARY

## Family Update



August 23, 2024

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Dear Parents and Guardians,

Our first week has been filled with enthusiasm, new routines, and lots of learning. It has been a joy to see our students settling into their classrooms and meeting their new teachers. The energy at Fort Meigs is contagious and has made me so proud of our students and staff.

Yesterday, we conducted our first fire drill of the year. I am thrilled to report that the students handled the drill with great maturity and calm. Their ability to follow procedures and stay focused is a testament to their readiness and our collective efforts in preparing them for various situations.

Thank you for your continued support and for entrusting us with your children's education. We look forward to a fantastic year ahead filled with learning, growth, and many memorable moments.

Wishing you all a restful and enjoyable weekend!

Sincerely,  
Kellie Johnson, Principal

## Important Dates

### August

28: [Picture Day](#)

### September

2: No School - Labor Day

3: Last day for mum sale

11: Mum sale pick-up at Rivercrest Park

24: 2-hour Delayed Start

25: Doughnuts with Grown-ups and Book Fair, Last name A-L

26: Doughnuts with Grown-ups and Book Fair, Last name M-Z



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## Fort Meigs Fall Cross Country Club

Fort Meigs is pleased to once again offer a Fort Meigs Cross-Country Club for its students. This year the team will be coached by Mrs. White and Mrs. Cotterman. The team's weekly practices will be held on select Mondays after school. Students in this year's cross country club will be dismissed from their classrooms to the gym at 3:35. Practice will then run until 4:30. Students will be picked up in the car pick-up line. The team will meet on: 9/9, 9/16, 9/23, and 9/30 with an end of season celebration on 10/7. Registration for this year's club will be limited to 40 students from 1st and 2nd Grade, and 40 students from 3rd and 4th grades. Families will receive an email with a link to the registration form on **Monday, August 26 at 8am**. Students will be accepted on a first-come first-serve basis.

PLEASE NOTE: Registering for this club does not register students for the district's cross-country race series. Students in the cross country club are encouraged to sign up for the district series races. You may sign your students up for the [district series here](#). Additionally, students registered for the race series do not have to be members of the Fort Meigs Cross-Country Club. Kindergarten students may sign up for the

district series races. If you have any questions regarding the Fort Meigs Cross-Country Club, please don't hesitate to email Mrs. White or Mrs. Cotterman at [ewhite@perrysburgschools.net](mailto:ewhite@perrysburgschools.net) and [rcotterman@perrysburgschools.net](mailto:rcotterman@perrysburgschools.net).

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## Parent Boosters

Our annual mum sale has begun!

**Monday, August 19th** - Sale begins

**Tuesday, September 3rd** - Online sale closes at 11:59pm

**Wednesday, September 11th** - Distribution Day at Rivercrest, parents are responsible for pickup of all orders sold from your student

More information from our [Parent Boosters](#).

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## From the Clinic

Welcome back! It is great to be back and I hope everyone had a wonderful summer break. Here are a few things that you can do at home to help ensure that your student has a healthy start to the school year:

-Have your child "Fuel before school" by eating a good breakfast. Mid-morning stomach aches and/or headaches are often the result of not having an adequate breakfast or even skipping breakfast altogether. This can also affect a student's ability to pay attention and complete their school work. The best breakfast is one that contains a protein source, such as yogurt, cheese, eggs, nuts etc.

-Be sure your child gets a good night's sleep each night. Elementary age children should get a minimum of 9-10 hours of sleep each night.

-Please send your child to school with appropriate footwear. Many visits to the nurse's office are a result of improper footwear that results in trips and falls, or even torn toenails and splinters in the feet. Please avoid having your child wear flip flops, open toed sandals, crocs, high heels or platform shoes.

-During periods of hot weather it is especially important that students stay hydrated. A very good way to be sure that your child is getting enough to drink is to send a water bottle with them on a daily basis. A water bottle filling station is available for students to refill their water bottles.

- If your child requires medication during the school day, the policy and forms can be found here: <https://www.perrysburgschools.net/MedicationinSchoolPolicyGuidelinesForm.aspx> New paperwork is required each school year. Please note, in accordance with the Ohio Revised Code 3313.713 and Perrysburg Schools Medication Guidelines, only a parent, guardian or other adult may bring medication, in the original container, to the school building for the clinic. No children may bring medication to school. Self-administer medication, except for asthma inhalers, epinephrine injectors/acute allergy medications and insulin, must be stored in a locked cabinet in the clinic. If a student will be self-carrying epinephrine for allergic reactions, state law requires that we have a back-up dose in the clinic as well.

I am very excited to be of service to the students and families at Ft. Meigs Elementary this year. Please don't hesitate to call the school or email me any time you have questions or concerns.

Corinna Lintner RN/Health Aide  
[clintner@perrysburgschools.net](mailto:clintner@perrysburgschools.net)  
419-872-8822 Ext. 3708

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## From the Dean's Desk

I am Darryl Edge, the dean of students at Ft. Meigs. I am primarily responsible for discipline and behavior management, recess, and the cafeteria. Along with Mrs. Emily Wolcott, I am the co-leader of our building Jacket Way committee. If you have any questions concerning our Jacket Way program, feel free to contact me at [dedge@perrysburgschools.net](mailto:dedge@perrysburgschools.net).

As we begin our new year, I am looking forward to year three in the dean role and helping our students learn our Jacket Way expectations within the common areas of the building and at recess. Our policy for recess states that we will have outdoor recess unless the temperature is below 15 degrees, above 104, or it is raining. We adjust as needed throughout the day. When students have indoor recess, they are allowed to bring an indoor recess bag with items to play with during that time. When outdoors, it is important that you dress your students appropriately for the weather at their recess time. I also highly recommend close toed shoes in accordance with the student handbook. Crocs and flip flops are less than ideal for our mulch playground. Recess begins at 11:30 with our first grade and ends at 2:20 with our fourth graders.

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### **Safer Ohio School Tip Line - 844-723-3764**

This is a free service that accepts calls and texts 24/7 and allows anyone to anonymously share information with school officials and law enforcement about threats to safety.

### **Crisis Text Line - text "4hope" to 741 741**

People of all ages may reach out by text 24/7 to communicate with someone trained to listen and respond in a method that is free, private, secure and confidential. Data usage while texting Crisis Text Line is free and the number will not appear on a phone bill with the mobile service carrier.

# Grandparent/Kinship Support Groups

FREE  
DINNER

—Perrysburg—

September 5

October 3

November 14

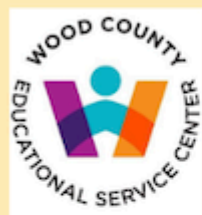
December 12

FREE  
CHILD  
CARE

## JOIN US!

Frank Elementary 6:00–7:30 pm

Kinship Support Groups meet in a casual and welcoming environment, offering education and support to grandparents who are raising grandchildren, and other kinship caregivers. Caregivers have the opportunity to meet other caregivers, develop a network of support, and receive information about resources and services available.



**CONTACT US!**

419-354-9010 ext. 136  
[snidiffer@wcesc.org](mailto:snidiffer@wcesc.org)

